



## Weekly Salad Delivery Menu

### Boxed salads

#### Pure Vegan

*Creamy avocado with a mix of carrots, sweetcorn, chickpeas, mushrooms and sundried tomatoes served on a bed of spinach and wholemeal wrap – Balsamic vinaigrette dressing on the side*

#### Crop Salad

*Sweet beetroot and crunchy apple served with dried cranberries, walnuts and feta cheese on a bed of spinach leaves, wholemeal wrap and a honey Dijon dressing (contains nuts)*

#### Super Vegan

*Sun-dried tomatoes cucumbers, sweetcorn, mixed beans, roasted peppers and onions, served on a bed of spinach and whole meal wrap with Balsamic vinaigrette dressing on the side.*

#### Super food

*Quinoa mixed with chickpeas, roasted sweet potato and beetroot on a bed of spinach and kale. Topped with pumpkin seeds and a garlic oil dressing (contains nuts)*

#### Mediterranean

*Crunchy red onion mixed with cannellini beans, tomatoes, olives and feta cheese on a bed of spinach leaves, wholemeal wrap and a sweet red pepper dressing (contains nuts, sunflower seeds on top)*

**Prices start from £25 per week for the month.**

**£100 per month or pay weekly at £30 per week.**

**Please contact Veggie Yum on 07790155387 or e mail [hello@veggieyum.co.uk](mailto:hello@veggieyum.co.uk) for more details.**

**Follow us on Facebook and Twitter!**

**\*We aim to update our menu each month and can cater to any special dietary requirements!**